



Geneseo Parish Outreach Center, Inc.

Affordable Health Care - Quality Service - Healthy Living

Newsletter



Find us on Facebook

www.gpocenter.org

GeneseoPOC@gmail.com

Emily Showers Joins the Staff



When Emily Showers retired from her demanding nursing position in December of 2022, she took a short breath and then began to involve herself in several volunteer activities. Fortunately, GPOC is one of the recipients of her considerable talents and skills. She has become a regular volunteer in the office where she helps clients and maintains files.

Emily was part of the last graduating class at Philipsburg State General Hospital School of Nursing in 1982 and earned her BSN from the University of Rochester in 1990. She has worked in a variety of areas, including surgery, orthopedics, surgical ICU, vascular surgery, and blood and marrow transplant. Because of her role as a nurse educator, she received the Excellence in Nursing award at Strong as well as the Daisy Award for Oncology Nursing.

(Continued on page 2)

Services Provided for Clients at GPOC

- Primary adult and pediatric care
- Women's health
- Medication assistance
- Health education
- School and employment physicals
- Insurance navigation
- Spiritual direction (upon request)
- Grief support (upon request)

At our partner/referral organizations or agencies

- Laboratory screening
- X-ray services
- Mental health services
- Dentistry
- Vision and hearing evaluations
- Services provided by Livingston County Department of Social Services
- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services



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(Continued from page 1)

Outside her professional life, Emily exhibits many other talents: golf, cooking, entertaining, gardening, crafting, and, perhaps above all, helping others. Through Catholic Charities, she delivers food from Wegmans, guides craft projects with a group of seniors at Upper South Street, and serves on the Vestry at St. Michael's Episcopal Church where she is also a faithful gardener, baker, and active participant in all other facets of the church.

Emily and her husband Dennis, an education professor at SUNY Geneseo, grew up in Pennsylvania and have one son Joe, who is, among other things, a professional juggler. He and his wife Annie are about to bless them with their first grandchild in September.

As Executive Director Donna Flaherty notes, Emily has been "quick to ramp up at GPOC. She brings excellent organization and people skills, and we are blessed to have her on our team of volunteers."

4520 Genesee Street (Route 63)

Geneseo, NY 14454

Phone: 585-243-3120

Fax: 585-243-1189

GeneseoPOC@gmail.com

Food & Goods Donations Needed

Partner with



Personal Care Items not covered by food stamps, such as the following:

- ◆ shampoo
- ◆ toilet paper
- ◆ deodorant
- ◆ tooth paste
- ◆ laundry detergent
- ◆ dish soap
- ◆ hand soap
- ◆ feminine hygiene products
- ◆ incontinence briefs

Geneseo Parish Outreach Center is an Emergency Foodlink Pantry

News from the Food Pantry

Pam Klingman

Food Pantry Faces Challenges

As food insecurity continues to rise, the Food Pantry strives to serve an increasing number of clients, especially over the summer when children are home. Pam Klingman and others who deal with the administration of this valuable service, also wrestle with the complex and sometimes confusing procedures and paperwork involved. In April the Klingmans attended the Foodlink annual mandatory meeting, which Pam described as "eye-opening. Food demand is greater and food sources are decreasing."

As always, the Pantry welcomes all donations, including non-food items such as laundry soap, cleaning products and personal care items.



Calling for Computer-Savvy

Data Entry Volunteers

As the GPOC continues to transition from paper charts to electronic medical records, our volunteer staff will soon be instructed in further in-house computer training. This enhanced training will enable the staff to utilize additional computer functions, e.g., appointment scheduling and referral tracking, reducing the dependence on paper files.

This transition will require additional staff. We are looking for volunteers who have data entry/computer skills, preferably with a medical background, who can commit to 2-3 hours a week.

The GPOC is open M-Th 9-noon. Please call to come in for a meet-and-greet to become a part of our valuable team.

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Our Volunteer Hours

Volunteer Hours January-July

In the first seven months of 2024 the all-volunteer staff of the Geneseo Parish Outreach Center donated more than 3,139 hours of service towards bettering the health of our neighbors.

GPOC Clinic Schedule

Tuesday mornings

9:00 am to noon

The first Thursday morning of the month ~ once a month

9:00 am to noon

The third Thursday evening of the month ~ once a month

5:00 pm to 7:00 pm

Office Hours

Monday through Thursday

9:00 am to noon

Staff is there to schedule medical appointments and serve patients who need help with medication costs or dental and other specialty care referrals.

Call for an appointment

(585) 243 - 3120

New Yorkers don't have to go without health coverage.

We are here to help!

NY State of Health is committed to ensuring access to affordable, quality health insurance for all New Yorkers so they can get the care they need. New Yorkers who are without health insurance should apply now through NY State of Health.

There are three ways to apply:

- Online at nystateofhealth.ny.gov
- By phone at 1-855-355-5777 (TTY: 1-800-662-1220)
- With the help of an Enrollment Assistor

Find one by calling 1-855-355-5777 or visit

<http://info.nystateofhealth.ny.gov/findassistor>



Hours and Fees

All services are by appointment only.

Call us for an appointment at 585-243-3120

Monday through Thursday, 9-Noon

We suggest a \$10 donation for clinic visits.

A \$30 donation is suggested for adult (18 and older) job or school physicals.

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Executive Director’s Report

July 2024



Executive Director Donna Flaherty

Clinic highlights – Weekly clinics. In the first 6 months of 2024 we saw 159 patients compared to 111 in the first 6 months of 2023. CSBG – 87(2024), 71(2023); United Way - 53 (2024), 55(2023); Excellus – 27(2024), 8(2023); Out of County – 27(2024), 15(2023).

Grants- We have a new grant writer, Karen Ferguson.

UW of the Southern Tier. We have been awarded \$7,250 from the United Way of the Southern Tier. We will be receiving portions of this grant throughout the year. These funds are allocated for Steuben and Chemung County residents.

The CSBG Grant of 48K has almost been fully spent. Our next allotment will begin at the beginning of the next fiscal year on October 1.

We have received \$1,500 from the **Mary Clark Thompson Foundation** for out-of-county patients in the F. F. Thompson service area with chronic medical conditions such as diabetes, hypertension, and cardiovascular disease.

We have applied for \$40,000 from **United Way of the Monroe County and GLOW Region**. This application is for a five-year cycle. It is our hope that we can receive a higher grant allocation, since this grant will cover not only Livingston County residents for the first time, but also Monroe, Genesee, Ontario, Wayne and Wyoming County residents. We should hear within the next month. **(See below**)**

Excellus Grant Blue Cross Blue Shield Health Equity Innovation Grant for \$30,000 is also almost fully spent. In May, members of our staff and a willing patient appeared in a TV press conference of this grant award. This grant can be applied to medical expenses for out of county residents.

Sun Life Dental Grant. Kirsten Galliford has applied for this grant of \$50K to cover dental expenses, which have been our greatest financial expenditure and need. We should be hearing by end of July whether we are awarded.

Morris Solar Ridge Community Project Grant. We have applied for \$10K and should hear this summer.

Volunteer needs – As always, we have volunteers aging out, snow birding to warmer climates in the winter, and attrition for other reasons. We continue to search for nurses and paraprofessionals that can assist us with clinics and day to day operations. Data entry and analysis are identified needs.

Five-Year Plan. Our committee consists of K. Galliford, M. Slater, L. Weaver, and D. Flaherty. We have been transitioning from paper charts to electronic records. We will still have to maintain paper charts for CSBG audits, but all medical information, including referrals, medical summaries from other practices, laboratory and diagnostic imaging results and correspondence can be found in Amazing Charts EMR. We have also expanded our data entry using the EMR to capture statistics on grant fund recipients, point of care, insurance and employment status and chronic disease.

*****Due to the high volume of applications and limited funds, United Way will not be funding the GPOC for 2024-2025. This loss of \$40,000 will have a major impact on the services we will be able to provide. We will continue to seek other sources of income, including grant opportunities. Please contact GPOC with any suggestions.***

Respectfully submitted,
Donna Flaherty, PA--C

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Donate to The Geneseo Parish Outreach Center


The Parish Outreach Center is a 501(c)(3). It is dependent upon the support of the community that surrounds us. Our mission is accomplished through the generous donations of time, money and equipment from our supporters.

Donations, fundraisers, in-kind donations and foundation supporters are welcome.

You may participate in several ways:

- ... donate "in honor of" or "in memory of" a loved one.
- ... remember GPOC in your will or bequest.
- ... consider matching gifts from employers.

To learn how you or your organization can help us to help others, please call us. 585-243-3120

- **All donations are tax deductible**
- **United Way donations can be made to number 2471** 
- We use **PAYPAL** to provide a secure transaction. Go to www.gpocenter.org and use the **PAYPAL Donate Button**.

The Geneseo United Methodist Church provides the GPOC with a safe home space for our volunteers and clients.



Newsletter Staff

- | | |
|-----------------|----------------|
| Diana Harke | Pam Klingman |
| Bonnie Kreutter | Marilyn Lyon |
| Jackie McNall | Melissa Slater |
| Sandy Wilcox | |

Adopt-a-Shelf/Assist with Medication

As more individuals are temporarily unable to work, their ability to obtain food, personal hygiene items, and medications becomes more difficult.

Our pantry is well stocked, but we do not get a price break on items such as toilet paper, shampoo, and laundry soap. If you or an organization that you are a member of would like to adopt one of these items and keep the shelf for that item stocked, it would be most helpful. Just let us know which item you are adopting and we will let you know when it is running low.

Medications: *If clients need to choose which bills to pay, they may stop taking their medication to save money. This decision could worsen their condition and could increase the likelihood of more emergency room visits and hospital stays.*

Listed below are some of the drugs most-needed and the cost of each 30-day

Lantus, (insulin) commonly used to treat diabetes: \$35 (federal cap)

Trulicity, a newer non-insulin drug for diabetes which is injected weekly: Trulicity 1 box is \$853.

Symbicort, combination inhaler for asthma or COPD, taken 2 puffs twice a day: 1 inhaler is \$263 for the generic.

Spiriva, an inhaled drug for asthma or COPD, taken 2 puffs daily: Spiriva Respinat is \$150 for 1 inhaler.

Ozempic (injectable for diabetes): \$940

Eliquis (blood thinner): \$579

Xarelto (blood thinner): \$529

Trelegy (inhaler for asthma/COPD): \$640

Breo Ellipta (inhaler for asthma/COPD): \$277

If you or your organization can support shelf items and/ or medications, please respond to the GPOC ASAP with your wishes.

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GPOC Historical Facts

1. GPOC was started on September 4, 2004.
2. GPOC was Incorporated on October 7, 2004.
3. Non profit (503C) status was granted on November 5, 2005.
4. Linda Weaver, one of GPOC's founders, was the first Executive Director from (2004-2017).
5. The first newsletter was published in December 2019.
6. In 2019 GPOC partnered with Foodlink to become an emergency food pantry.
7. GPOC can provide food regardless of borders.
8. GPOC's first use of social media was on March 31, 2019.
9. There have been 3 fundraiser walks.
10. Donna Flaherty, RPAC, became the second GPOC Executive Director in July 2017. She serves in this capacity to this day.
11. Two pharmacists have volunteered with GPOC. In 2015, a pharmacist started managing the dispensary and helping patients with the cost of medications.
12. In 20 years, there have been 57 Board of Directors members.
13. On average, Board Members serve 4.5 years. The longest term has been 17 years. The shortest 1 year.
14. There have been 168 volunteers.
15. There have been 28 medical providers.
16. There have been 55 nurses.
17. There have been 83 non-medical volunteers.
18. In May of 2008, GPOC was awarded the TRIAD Community Service Award and was recognized by the New York State Assembly.
19. In 2023 GPOC was awarded gold member status through the National Association of Free and Charitable Clinics.
20. In 2023 GPOC partnered with the Rochester Diocese and the Tepeyac Migrant Center to help our local migrant community.

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SEPTEMBER 4, 2024

**MARKS THE 20TH
ANNIVERSARY OF GENESEO
PARISH OUTREACH CENTER,
AN ALL-VOLUNTEER
ORGANIZATION.**

**GENESEO PARISH
OUTREACH CENTER**



\$20 FOR TWENTY



**GENEROUS DONATIONS
HAVE KEPT THIS WORK
GROWING FOR 20 YEARS.
WE INVITE YOU TO
COMMEMORATE THIS
MILESTONE OF 20 YEARS
WITH A \$20 DONATION.**

**ALL DONATIONS GO DIRECTLY TO PROVIDING
CARE AND SERVICES TO PATIENTS OF THE GPOC
DONATE ONLINE
[HTTP://WWW.GPOCENTER.ORG/POCNFUNDING.HTM](http://www.gpocenter.org/pocnfunding.htm)
OR SEND A CHECK TO
4520 GENESEE STREET GENESEO, NY 14454**



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JOIN US TO CELEBRATE

Geneseo Parish Outreach Center's

20th Anniversary

Open House • Saturday •

September 7, 2024 •

1Pm to 4PM

Geneseo United Methodist Fellowship Hall

4520 Genesee Street, Geneseo, NY 14454



Kindly RSVP and select t-shirt size by August 10 via QR code or by calling GPOC (585-243-3120)

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CONTACT US

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Geneseo, NY 14454

FOOD & GOODS DONATIONS NEEDED. PARTNER WITH.



PERSONAL CARE ITEMS NOT COVERED BY FOOD STAMPS, SUCH AS THE FOLLOWING:

- SHAMPOO
- TOILET PAPER
- DEODORANT
- TOOTH PASTE
- LAUNDRY DETERGENT
- DISH SOAP
- HAND SOAP
- FEMININE HYGIENE PRODUCTS
- INCONTINENCE BRIEFS

GPOC IS AN EMERGENCY FOODLINK PANTRY

Donate to the GPOC

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GENESEO PARISH OUTREACH CENTER INC.

20 YEARS

OF

COMMUNITY

CARING

WWW.GPOCENTER.ORG

WHAT WE

DO

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- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services

THANK YOU

GENESEO PARISH OUTREACH CENTER



We would like to thank our partners, board members, medical staff, office and pantry volunteers, IT support, and the Geneseo United Methodist Church for providing the space for our offices and spiritual support. 20 years have been made possible by you.

20 FACTS

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Geneseo Parish Health Ministry

**With Geneseo United Methodist Church
150-Family Yard Sale**

**Annual Health & Wellness
Fair**

Saturday August 24th, 2024

9:00 am to 12 noon

Located at the Geneseo United Methodist Church
Route 63 at Court Street in Geneseo

FREE Services Provided:

Blood Pressure Checks

Body Fat Analysis (BMI)

Vision and Foot Exams

Information on local Health Services

**Geneseo Parish Outreach Center
Call (585) 243-3120 for more information**