



Geneseo Parish Outreach Center, Inc.

Affordable Health Care - Quality Service - Healthy Living

Newsletter



Find us on
Facebook

www.gpocenter.org

GeneseoPOC@gmail.com

¡Hola! Nadine Bailey



One of the most valuable assets for GPOC is PA Nadine Bailey, who not only donates one Thursday a month to the Center, but is bilingual and is especially helpful in serving the Spanish-speaking population.

Nadine found her way to Livingston County via Seattle, Provo, and Houston until her husband accepted a biology position at SUNY Geneseo 10 years ago. She graduated from Brigham Young with a bachelor's and master's in microbiology, then earned her PA degree from Baylor College of Medicine in Houston,

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Services Provided for Clients at GPOC

- Primary adult and pediatric care
- Women's health
- Medication assistance
- Health education
- School and employment physicals
- Insurance navigation
- Spiritual direction (upon request)
- Grief support (upon request)

At our partner/referral organizations or agencies

- Laboratory screening
- X-ray services
- Mental health services
- Dentistry
- Vision and hearing evaluations
- Services provided by Livingston County Department of Social Services
- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services



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graduating 2nd in her class, *magna cum laude*.

Formerly in the Cohocton office, Nadine now works with Dr. Sweeney in the Geneseo office of Tri-County Family Medicine.

The Baileys have four daughters ranging from 14-21. One is on a mission trip, one in a pre-dental program, and two still active in Livonia activities, most recently the school play. Nadine also worked behind the scenes at LCS with costumes and sets and continues to serve the Church of Jesus Christ of Latter-Day Saints through children’s lessons and music.

Nadine is clearly passionate about her vocation. She enjoys her GPOC work which helps confirm her appreciation for “the flaws and benefits of our medical system.” As she notes, “Volunteers are critical at any level.” GPOC is grateful that Nadine Bailey turned some of her time and talents toward the Center.

Food & Goods Donations Needed

Partner with



Personal Care Items not covered by food stamps, such as the following:

- ◆ shampoo
- ◆ toilet paper
- ◆ deodorant
- ◆ tooth paste
- ◆ laundry detergent
- ◆ dish soap
- ◆ hand soap
- ◆ feminine hygiene products
- ◆ incontinence briefs

Geneseo Parish Outreach Center is an Emergency Foodlink Pantry

News from the Food Pantry

The Pantry received two especially generous donations recently: Anna McCully and her husband brought a huge donation from Seneca Foods, and the Friends of Letchworth State Park awarded our Pantry 600 pounds of food from their “1st Hike of the Year.” We shared this boon with the Livonia Food Pantry.



We continue to express our gratitude to the many donors and volunteers, including the Livingston County Chamber and new volunteers Andrew and Laurie.

Pam Klingman



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Our Volunteer Hours

Annual Volunteer Hours

In 2023, the staff at the all-volunteer Geneseo Parish Outreach Center donated more than 4,800 hours of service towards bettering the health of our neighbors.

GPOC Clinic Schedule

Tuesday mornings

9:00 am to noon

The first Thursday morning of the month ~ once a month

9:00 am to noon

The third Thursday evening of the month ~ once a month

5:00 pm to 7:00 pm

Office Hours

Monday through Thursday

9:00 am to noon

Staff is there to schedule medical appointments and serve patients who need help with medication costs or dental and other specialty care referrals.

Call for an appointment

(585) 243 - 3120

Volunteer Voices

At the start of this, our twentieth year, GPOC has much to celebrate.

Recently, the Board of Directors welcomed two new board members, Beth Malone and Katelin Pickard.



President Kirsten Galliford

Because of generous donations and grants, we are back on track with providing care without borders (8 counties in 2023). This means that non-Livingston County residents, as well as Livingston County residents are welcome to ask GPOC for help.

While we celebrate, we are reminded of a sobering reality. As the cost of living continues to rise, more and more people need support with medical care, co-pay assistance, vision services, dental care, and groceries.

Grants will be critical to continue providing care. We need volunteers to help track data for grants. Are you a numbers person? Do you have a knack for paying attention to details? If yes, we need you!

Looking to the future, we discussed short-term goals and a continued focus on our five-year plan.

We hope to cross-train our volunteers to provide healthcare as well as staff our pantry.

Bilingual volunteers (Spanish speaking) will be needed to support our commitment to the local migrant worker community. **¿Habla usted español?**

A continued focus on networking events will take our volunteers to the following: The Chamber of Commerce Coffee Connections and Lunch Bunches as well as the Volunteer Fair at SUNY Geneseo, Young at Heart, and the GPOC Diabetes Wellness Fair.

As always, we welcome any support that the community can offer. The best way to help is to spread the word that we are here and ready to help.

Are you and your family and friends on our donor list? Our Annual Appeal letter will be sent out this fall. If you would like to receive a letter, send us your contact information.

Please call us at 585-243-3120 or stop by Monday through Thursday from 9am until noon.



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\$30,000 Excellus Blues Award

The Geneseo Parish Outreach Center has been recognized by Excellus BlueCross BlueShield for its commitment to addressing health disparities and improving health equity and has been named a 2023 Health Equity Innovation Awards recipient. The awards program aims to provide financial support to community programs that address racial and ethnic health disparities across Excellus BCB's upstate New York service area.

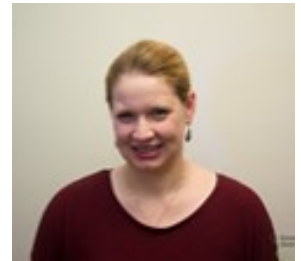
This \$30,000 award is especially beneficial because of its broad parameters. The Center will now be able to reach beyond Livingston County to help those not covered by other types of grants. Director Donna Flaherty is thankful and honored that the Center is one of the award recipients: "This funding will be used to help provide access to dental care and medication to the underserved throughout Livingston and surrounding counties."



GPOC Director Donna Flaherty with Excellus Blues representative Kim McKinsey-Mabry

Finance Update from Treasurer Melissa

Although 2023 was a tough year financially, we survived and ended the year in a much stronger position than when it began. We were able to manage cash flow, control expenses, and obtain several grants to help provide services to those who live in and out of Livingston County. The year ended on particularly high notes when we were awarded the Excellus BlueCross BlueShield Health Equity Innovation Grant, and our Annual Appeal was our most successful ever. We have a couple of large insurance payments due in early 2024 that are not paid for by our grants, so we are still monitoring cash flow; however, the financial outlook for 2024 is bright.



Melissa Slater



New Yorkers don't have to go without health coverage. We are here to help!

NY State of Health is committed to ensuring access to affordable, quality health insurance for all New Yorkers so they can get the care they need. New Yorkers who are without health insurance should apply now through NY State of Health.

There are three ways to apply:

- Online at nystateofhealth.ny.gov
- By phone at 1-855-355-5777 (TTY: 1-800-662-1220)
- With the help of an Enrollment Assistor

Find one by calling 1-855-355-5777 or visit

<http://info.nystateofhealth.ny.gov/findassistor>



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Executive Director Donna Flaherty

Executive Director's Annual Report January 2024

Clinic highlights – Medical clinics are held every Tuesday morning with Dr. Stewart. There are also monthly Thursday clinics staffed by N. Bailey, PA-C. On occasion, the Executive Director will fill in for medical staff when needed. We provide care for several immigrants/refugees as well as for members of the Amish community.

In October we held our first Migrant Worker clinic at the Leicester Migrant Center in coordination with the Archdiocese of Rochester Migrant Outreach. Since that time, we have been treating those patients at the Parish Outreach Center and referring them for other services such as dental. Our thanks to K. Galliford for her efforts in making this liaison possible.

Grants- We are well situated financially for this fiscal year, thanks to the efforts of many volunteers who researched grant funding and applied. Our biggest issue with several grant awards is the implementation and data processing to track funding for reporting purposes.

- **The CSBG Grant** increased to \$48,500 yearly for the next three years, federal funding permitting.
- We have received a \$1,500 grant from the **Mary Clark Thompson Foundation** for out-of-county diabetic patients. These funds have been utilized as of December 2023.
- **United Way Grant of the Monroe County and GLOW Region** is still offering only \$28,500 for this fiscal year. It is our hope that we can receive a higher grant allocation in the next cycle.
- **United Way of The Southern Tier.** We have requested \$25K for this grant to serve Steuben and Chemung County residents for 2024. The decision will be announced in May 2024.
- **FLPPS/CRFP Grant.** The Finger Lakes Performing Provider system has \$12M for IT enablement for partners that serve Medicaid patients. We received computers from this grant. Jerry and Scott have been working diligently to smoothly transfer our computers to three new laptops and one PC.
- **Excellus Grant:** K. Galliford applied for this \$30,000 grant, which we received as of November 2023. This grant can be applied to medical expenses for out-of-county residents.

Bilingual Assets: Nadine Bailey, PA-C, and administrative volunteer Xiomara Rivera speak Spanish and can help accommodate our Hispanic patients.

Volunteer needs – As always, we have volunteers aging out, snow-birding to warmer climates in the winter, and attrition for other reasons. It is our hope that we can recruit younger potential volunteers to fill the gap. I have been the Executive Director since 2017. At some point, there will need to be a smooth transition that allows an incoming Executive Director to take the reins. I project that this will occur within the next five years. **A Five- Year Plan is essential.**

Respectfully submitted,
Donna Flaherty, PA-C

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Donate to The Geneseo Parish Outreach Center


The Parish Outreach Center is a 501(c)(3). It is dependent upon the support of the community that surrounds us. Our mission is accomplished through the generous donations of time, money and equipment from our supporters.

Donations, fundraisers, in-kind donations and foundation supporters are welcome.

You may participate in several ways:

- ... donate "in honor of" or "in memory of" a loved one.
- ... remember GPOC in your will or bequest.
- ... consider matching gifts from employers.

To learn how you or your organization can help us to help others, please call us. 585-243-3120

- All donations are tax deductible
- United Way donations can be made to number 2471 
- We use **PAYPAL** to provide a secure transaction. Go to www.gpocenter.org and use the **PAYPAL Donate Button**.

The Geneseo United Methodist Church provides the GPOC with a safe home space for our volunteers and clients.



Newsletter Staff

- | | |
|-----------------|----------------|
| Diana Harke | Pam Klingman |
| Bonnie Kreutter | Marilyn Lyon |
| Jackie McNall | Melissa Slater |
| Sandy Wilcox | |

Adopt-a-Shelf/Assist with Medication

As more individuals are temporarily unable to work, their ability to obtain food, personal hygiene items, and medications becomes more difficult.

Our pantry is well stocked, but we do not get a price break on items such as toilet paper, shampoo, and laundry soap. If you or an organization that you are a member of would like to adopt one of these items and keep the shelf for that item stocked, it would be most helpful. Just let us know which item you are adopting and we will let you know when it is running low.

Medications: *If clients need to choose which bills to pay, they may stop taking their medication to save money. This decision could worsen their condition and could increase the likelihood of more emergency room visits and hospital stays.*

Listed below are some of the drugs most-needed and the cost of each 30-day supply:

Lantus, (insulin) commonly used to treat diabetes: \$35 (federal cap)

Trulicity, a newer non-insulin drug for diabetes which is injected weekly: Trulicity 1 box is \$853.

Symbicort, combination inhaler for asthma or COPD, taken 2 puffs twice a day: 1 inhaler is \$263 for the generic.

Spiriva, an inhaled drug for asthma or COPD, taken 2 puffs daily: Spiriva Respinat is \$150 for 1 inhaler.

Ozempic (injectable for diabetes): \$940

Eliquis (blood thinner): \$579

Xarelto (blood thinner): \$529

Trelegy (inhaler for asthma/COPD): \$640

Breo Ellipta (inhaler for asthma/COPD): \$277

If you or your organization can support shelf items and/ or medications, please respond to the GPOC ASAP with your wishes.

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Another Successful Diabetes Wellness Fair

On Tuesday, March 26, the GPOC hosted a Diabetic Health and Wellness Fair from 3:00-6:00 PM. Attendees were able to access free podiatrist services from Dr. Merkel, blood pressure checks, diabetic checklists for important health screenings, and education about different types of health insurance plans through NYS of Health Marketplace. In addition, they received a delicious and healthy lunch made possible by a Wegmans gift card and served by GPOC volunteer staff and SUNY students. As always, GPOC representatives were available to answer questions about the services provided by the Center and to provide information regarding our resource partners. For the first time, a bilingual interpreter was present for the presentations. This semi-annual event has been very well received by the community. Thank you to all the vendors and volunteers who made this Wellness Fair a success once again.



This institution is an equal opportunity provider.

Esta institución es un proveedor que ofrece igualdad de oportunidades.