



Geneseo Parish Outreach Center, Inc.

Affordable Health Care - Quality Service - Healthy Living

Newsletter



Find us on

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www.gpocenter.org

GeneseoPOC@gmail.com

Melissa Manages to Do It All

Like many modern young women, Treasurer Melissa Slater manages to juggle professional, personal, and community life, much to the benefit of the Outreach Center.



Melissa Slater

A 2021 graduate of SUNY Geneseo, Melissa now uses her Bachelor's Degree in Accounting at the Bonadio Group where she works exclusively with tax-exempt organizations. She consults regularly with clients and colleagues on accounting standards, best practices, efficiency ideas and compliance initiatives. She also has extensive experience with groups that provide services to the developmentally disabled. Melissa has been involved in GPOC since its inception when she helped the Center obtain its tax-exempt status in short order. She has served on the Board since 2009 and continues as treasurer to oversee the voluminous paperwork connected with filing, reporting, and funding. In these tighter times financially, she has been extremely valuable in guiding the Center in terms of regulating its monthly expenditures. The Slater family—husband Ryan, Ethan (11) and Emma (9)—live in York. As in most young families, there is no shortage of activity with family and friends. Melissa devotes a huge chunk of her time to GPOC and, especially, after going through her own health crisis, realizes how lucky she is to afford quality health care and how important the Center's services are to those in need.

In this organization of many dedicated volunteers, GPOC is most fortunate to have someone as experienced and knowledgeable as Melissa Slater as Treasurer.

Services Provided for Clients at GPOC

- Primary adult and pediatric care
- Women's health
- Medication assistance
- Health education
- School and employment physicals
- Insurance navigation
- Spiritual direction (upon request)
- Grief support (upon request)

At our partner/referral organizations or agencies

- Laboratory screening
- X-ray services
- Mental health services
- Dentistry
- Vision and hearing evaluations
- Services provided by Livingston County Department of Social Services
- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services



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The Geneseo United Methodist Church provides the GPOC with a safe home space for our volunteers and clients.



Food & Goods Donations Needed

Partner with




Personal Care Items not covered by food stamps, such as the following:

- ◆ shampoo
- ◆ toilet paper
- ◆ deodorant
- ◆ tooth paste
- ◆ laundry detergent
- ◆ dish soap
- ◆ hand soap
- ◆ feminine hygiene products
- ◆ incontinence briefs

Geneseo Parish Outreach Center is an Emergency Foodlink Pantry

WE LOVE OUR VOLUNTEERS

4520 Genesee Street (Route 63)
 Geneseo, NY 14454
 Phone: 585-243-3120
 Fax: 585-243-1189
GeneseoPOC@gmail.com

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Executive Director Donna Flaherty

GPOC Executive Director's Report

July 2023

Clinic highlights – Medical clinics are held every Tuesday morning with Dr. Stewart. There are also two monthly Thursday clinics staffed by N. Bailey, PA-C or D. Flaherty, PA-C. We provide care for several immigrants/refugees as well as for members of the Amish community.

Grant Updates

CSBG. No funds available until 10/1/2023. We are still enrolling patients to CSBG, if they are eligible, to document how many patients we have served.

United Way – The total UW grant funds for 2022-2023 are \$28,500. We receive monthly allotments from 9/1/2022 to 9/1/2023. In the last two years United Way has merged to consist of Monroe, Livingston, Wyoming, Genesee, and Ontario Counties. We expect to be able to apply for a larger grant allocation in 2024 when we can apply for funding in multiple counties served in this UW merger. We will apply for a separate Steuben County United Way Grant this spring or summer.

Mary Clark Thompson Grant – GPOC has been awarded \$1,500 through the F. F. Thompson Foundation this year. These funds are meant to assist diabetic patients in the FF Thompson catchment area.

Bank of America Grant – We had applied for \$30,000 to serve up to 50 people with chronic conditions. Even though we submitted a strong application, according to the BOA representative, we were not awarded any grant funds due to the number of worthy applications.

Other Updates

Available Funds – The staff have been working closely with Melissa Slater, Treasurer, to ensure our expenses do not exceed available funds. We continue to offer emergency dental care, cover prescription costs, and other urgent medical needs on a case-by-case basis.

Foodlink – Pam Klingman will be meeting with a representative from Foodlink to discuss the new mandates for ordering and reporting. The mandates have become intolerable and unworkable for our volunteers. If accommodation cannot be made on the part of Foodlink, the Parish Outreach Center will end their relationship with Foodlink. Our Pantry will revert to all donations once again. If this situation were to occur, it would be a loss to the clients we serve. The freezer and refrigerator purchased through Foodlink would be returned, and our access to low-cost nutritious frozen, fresh and nonperishable items would decrease dramatically.

Grant-Writing Volunteer -- We need someone to research grant opportunities for GPOC. This job is time consuming. Younger volunteers are a necessity as we continue to age out.

Five Year Plan – Again, I recommend establishing a Five-Year Plan for the Parish Outreach Center to address our financial and volunteer staffing needs. We do God's work; however, He expects us to be responsible stewards of it.

Respectfully submitted,

Donna Flaherty, PA-C
Executive Director

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Our Volunteer Hours

Mid-Year Volunteer Hours

In the first half of 2023 the staff at the all-volunteer Geneseo Parish Outreach Center dedicated over 2,300 hours of service towards bettering client health.

GPOC Clinic Schedule

Tuesday mornings

9:00 am to noon

The first Thursday morning of the month ~ once a month

9:00 am to noon

The third Thursday evening of the month ~ once a month

5:00 pm to 7:00 pm

Office Hours

Monday through Thursday

9:00 am to noon

Staff is there to schedule medical appointments and serve patients who need help with medication costs or dental and other specialty care referrals.

Call for an appointment

(585) 243 - 3120

Looking Ahead

For nearly twenty years, the Geneseo Parish Outreach Center has been a collaboration of local talent. To proactively sustain our efforts, we need to draw on the knowledge and enthusiasm of our community. We also need time to properly train potentially interested volunteers.



President Kirsten Galliford

Last issue, we highlighted the goal of creating a five-year plan. This issue, we will dig a little deeper and share which roles are critical for keeping the Outreach Center viable.

Executive Director: Managerial experience in health care is the cornerstone requirement of this role. The leader of our not-for-profit organization should also possess strong organizational skills, computer skills, and financial savvy. A candidate should also be mindful of continuous improvement and have the ability to see the big picture.

Medical Director: A New York State licensed medical doctor who is willing to provide care for our patients as well as oversee the clinical operations of GPOC is needed.

Office Manager: Development of volunteers and a working knowledge of GPOC policies and procedures are key for this role.

Information Technology Director: In our technological world, we need an expert to ensure the operation of our computers, medical software, fax machine, and our presence on social networks.

Pantry Manager: As a Foodlink site, there are requirements for ordering and maintaining inventory, receiving orders, records retention, data collection for grants and troubleshooting recalls. The person who takes on this role will also lead volunteers. So, interpersonal skills are required.

Grant Writer: As a not-for-profit, the GPOC relies on donations and grants to provide our services. To apply for grants a person needs to have strong writing skills, computer skills, and the ability to analyze the requirements for a particular grant.

Each of these critical roles requires a special individual with certain skills but can also commit to the time required to fulfill the role.

If you are interested in becoming a volunteer at GPOC, please call 585-243-3120. We need you.

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August 26th Wellness Fair 9am to Noon

Hours and Fees

All services are by appointment only.

Call us for an appointment at 585-243-3120

Monday through Thursday, 9-Noon

We suggest a \$10 donation for clinic visits.

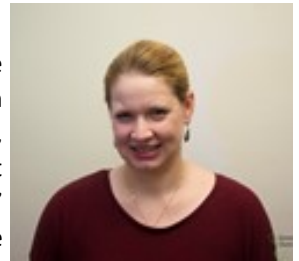
A \$30 donation is suggested for adult

(18 and older) job or school physicals.

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Finance Checkup

The finances of the Center have continued to hold their own through the first half of 2023. Unfortunately, we were not awarded a large grant we applied for to serve clients' chronic conditions; however, we were awarded some smaller grants, and we will continue to receive



Melissa Slater

funding from the United Way of the Finger Lakes. Our Food Pantry has also experienced an increase in clients, but our lack of funds is making it hard to fill the shelves and meet the needs of our community. As a result of our continued cash strain, we continue to provide emergency services only and only if we have the funds. We continue to refer patients to other non-profit providers, whenever possible.



New Yorkers don't have to go without health coverage. We are here to help!

NY State of Health is committed to ensuring access to affordable, quality health insurance for all New Yorkers so they can get the care they need. New Yorkers who are without health insurance should apply now through NY State of Health.

There are three ways to apply:

- Online at nystateofhealth.ny.gov
- By phone at 1-855-355-5777 (TTY: 1-800-662-1220)
- With the help of an Enrollment Assistor

Find one by calling 1-855-355-5777 or visit

<http://info.nystateofhealth.ny.gov/findassistor>

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Donate to The Geneseo Parish Outreach Center


The Parish Outreach Center is a 501(c)(3). It is dependent upon the support of the community that surrounds us. Our mission is accomplished through the generous donations of time, money and equipment from our supporters.

Donations, fundraisers, in-kind donations and foundation supporters are welcome.

You may participate in several ways:

- ... donate "in honor of" or "in memory of" a loved one.
- ... remember GPOC in your will or bequest.
- ... consider matching gifts from employers.

To learn how you or your organization can help us to help others, please call us. 585-243-3120

- **All donations are tax deductible**
- **United Way donations can be made to number 2471** 
- We use **PAYPAL** to provide a secure transaction. Go to www.gpocenter.org and use the **PAYPAL Donate Button**.

Adopt-a-Shelf/Assist with Medication

As more individuals are temporarily unable to work, their ability to obtain food, personal hygiene items, and medications becomes more difficult.

Our pantry is well stocked, but we do not get a price break on items such as toilet paper, shampoo, and laundry soap. If you or an organization that you are a member of would like to adopt one of these items and keep the shelf for that item stocked, it would be most helpful. Just let us know which item you are adopting and we will let you know when it is running low.

Another opportunity for serving is to assist our clients with prescription expenses. In March alone we experienced a 500% increase in prescription-assisted expenses.

Listed below are the costs of four of the many drugs our clients need.

- **Lantus**, a long-acting insulin commonly used to treat diabetes: 1 box of 5 pens is \$340. There are 308 units per pen, so depending on the dose the patient requires. A patient may be using 30 units per day on the low side to 100 units per day on the high side.
- **Trulicity**, a newer non-insulin drug for diabetes which is injected weekly: Trulicity 1 box is \$771.
- **Symbicort**, combination inhaler for asthma or COPD, taken 2 puffs twice a day: 1 inhaler is \$263 for the generic.
- **Spiriva**, an inhaled drug for asthma or COPD, taken 2 puffs daily: Spiriva Respimat is \$150 for 1 inhaler.

Medication costs vs living expenses: *If clients need to choose which bills to pay, they may stop taking their medication to save money. This decision could worsen their condition and could increase the likelihood of more emergency room visits and hospital stays*

If you or your organization can support shelf items and/ or medications, please respond to the GPOC ASAP with your wishes.



Newsletter Staff

- | | |
|-----------------|--------------|
| Diana Harke | Pam Klingman |
| Bonnie Kreutter | Marilyn Lyon |
| Jackie McNall | Sandy Wilcox |

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Volunteer Diversity—We Need Your Skills, Too!

The newsletter staff's background illustrates the diversity of our volunteers and illustrates, perhaps, that you, too, could be a valuable asset to the Center. What skills and experience do you have to serve the GPOC community?



Diana Harke – Retired SUNY Geneseo math department faculty member.



Pam Klingman – Retired from teaching at a Christian daycare K thru 4 and from drug and alcohol counseling.



Bonnie Kreutter – Retired school nurse.



Marilyn Lyon – Retired Administrative Assistant to a SUNY Geneseo Associate Vice-President.



Jackie McNall – Retired primary care practice manager and Assistant Director of the Monroe County Medical Society. Earlier experiences include surgical transcriptionist and executive secretary in a hospital and medical secretary and assistant in thoracic and vascular surgery.



Sandy Wilcox – Retired high school English teacher.

Geneseo Parish Health Ministry

With Geneseo United Methodist Church
150 Family Yard Sale

Annual Health & Wellness Fair Saturday August 26th, 2023

9:00 am to 12 noon

Located at the Geneseo United Methodist Church
Route 63 at Court Street in Geneseo

FREE Services Provided:

Blood Pressure Checks

Body Fat Analysis (BMI)

Hearing, and Dental Screenings

Posture Analysis

