



Geneseo Parish Outreach Center, Inc.

Affordable Health Care - Quality Service - Healthy Living

Newsletter



Find us on
Facebook

www.gpocenter.org

GeneseoPOC@gmail.com

Welcome, Dr. Christine Stewart

As the newest primary care provider at GPOC, Dr. Christine Stewart represents the latest of a devoted group of professionals joining the staff. Dr. Stewart retired from her private practice in



Rochester six years ago, but she didn't really stop working. She went on to serve part-time at the nursing home for Veterans in Batavia for over five years, worked with the Genesee Health Service, then sought some volunteer position. Fortunately, she discovered

GPOC on the internet and now appears each Tuesday to offer her expertise.

A Rochester native, Christine followed in her physician father's footsteps, learning to drive when she went on house calls with him. She attended Swarthmore College in Pennsylvania and graduated from the University of California at San Diego with a degree in anthropology. After five years, she answered the call of medicine and returned to the University of Rochester. She recalls that she, too, made a few house calls in the early days of her practice.

When she is not serving others, Dr. Stewart enjoys gardening, reading and biking with friends. She is impressed with the all-volunteer nature of GPOC, and we are fortunate to have her with us on such a regular basis.

COVID-19 Vaccine Information
from Livingston County

243-7270
Livingston Co.
Health Dept.

Services Provided for Clients at GPOC

- Primary adult and pediatric care
- Women's health
- Medication assistance
- Health education
- School and employment physicals
- Insurance navigation
- Spiritual direction (upon request)
- Grief support (upon request)

At our partner/referral organizations or agencies

- Laboratory screening
- X-ray services
- Mental health services
- Dentistry
- Vision and hearing evaluations
- Services provided by Livingston County Department of Social Services
- Services provided by Livingston County Department of Health (ex. immunizations)
- Services provided by Catholic Family Services

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Volunteer Hours

In the first six month of 2022 the dedicated GPOC volunteers (That's all of us!) logged over 2,570 hour of service for our clients' health and well-being. In addition to the recorded hours, others donate their time and talents to support us and our clients but don't report their hours.



Urgent Need!

Help Keep Our Community Smiling!!

During the COVID-19

Pandemic, members of our community were not able to seek dental care.

Did you know that dental health significantly affects our overall health? Good dental care is critical for diabetics and people with heart disease.

The Geneseo Parish Outreach Center wants to help! However, our resources are being depleted. Please consider donating online at our website, gpocenter.org.

Or, you can send a donation to:

4520 Genesee St, Geneseo, NY 14454



Donations

Food & Goods Donations Needed

Partner with



Personal Care Items not covered by food stamps, such as the following:

- ◆ shampoo
- ◆ toilet paper
- ◆ deodorant
- ◆ tooth paste
- ◆ laundry detergent
- ◆ dish soap
- ◆ hand soap
- ◆ feminine hygiene products
- ◆ incontinence briefs

Geneseo Parish Outreach Center is an Emergency Foodlink Pantry

The Geneseo United Methodist Church provides the GPOC with a safe home space for our volunteers and clients.



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Calling All Gardeners!!!!



4520 Genesee Street (Route 63)

Geneseo, NY 14454

Phone: 585-243-3120

Fax: 585-243-1189

GeneseoPOC@gmail.com



Newsletter Staff

Diana Harke

Pam Klingman

Bonnie Kreutter

Marilyn Lyon

Jackie McNall

Sandy Wilcox

Hours and Fees

All services are by appointment only.

Call us for an appointment at 585-243-3120

Monday through Thursday, 9-Noon

We suggest a \$5 donation for clinic visits.

A \$20 donation is suggested for adult

(18 and older) job or school physicals.

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**New Yorkers don't have to go without
health coverage.
We are here to help!**

NY State of Health is committed to ensuring access to affordable, quality health insurance for all New Yorkers so they can get the care they need. New Yorkers who are without health insurance should apply now through NY State of Health.

There are three ways to apply:

- Online at nystateofhealth.ny.gov
- By phone at 1-855-355-5777 (TTY: 1-800-662-1220)
- With the help of an Enrollment Assistor

Find one by calling 1-855-355-5777 or visit <http://info.nystateofhealth.ny.gov/findassistor>

Potential Clients:

Those with no insurance.

Those who are under-insured.

Those who cannot pay for medications or specialty care.

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GPOC Director's Report July 2022

Statistics for First Half of 2022 – Clinics – 15; Patients Served – 163 (133 for same period 2021); 120 Livingston County Residents; 72 – CSBG, 33 – United Way 15 CARES; 43 Out of County

Out-of-County residents – Funding for patients outside of Livingston County is very limited, yet we receive more referrals for assistance from those who live outside of Livingston County. It has been necessary to forestall needed treatment because of a lack of funds. I am hopeful that this year's annual appeal will be successful to cover these costs.

UR/Noyes Liaison – GPOC is working with the billing, laboratory and administrative staffs to smooth the transition to new procedures and personnel. We have also reached out to radiology services to eliminate the issues regarding reporting results and billing GPOC for these services.

Everyone has been most gracious with our inquiries. In the last month things have improved.

E-Partner – We have been successful in becoming an E-Partner, which enables us to access medical, lab and radiology results in the U of R system.

RHIO – We have made attempts at partnering with RHIO; however, that application is still pending. This partnership would allow GPOC access to medical records from other sources in the area.

Diabetic Health Fair – The Diabetic Coalition met in March, after a two-year hiatus, and sponsored our Diabetic Health Fair on March 31. This event was the first since the pandemic. Volunteers cooked and served a healthy meal for attendants and assisted providers and attendants throughout the event. Dr. Andrew Merkel, podiatrist, volunteered his time to examine and treat foot conditions. Alan Cook, audiologist, performed free hearing tests, and Dr. Chris Rubeck offered his chiropractic expertise. Representatives from Cancer Services, Noyes Health Services, Dr. Dolan's Optometry practice, Wegmans Pharmacy and diabetic patient advocates were on hand, as well.

Annual Health Fair – This is in conjunction with the GUMC Annual Yard Sale on 8/27/2022. L. Weaver is coordinating the providers and volunteers for this Fair.

Grants –

- The CARES Grant of \$75K has been spent as of April 1, 2022. The Grant was awarded in April 2021 and was due to end 18 months later.
- The CSBG Grant funds of \$43K allotted for this fiscal year, which began October 1, 2021, are now being utilized to serve those who fall below 200% of the federal poverty guidelines. Congress has continued to maintain this cap at least until the end of summer. As of this writing there is only \$8,999 left to be reimbursed from this grant. Our next grant allotment will begin 10/1/2022.
- We have received a \$2,500 grant from the Mary Clark Thompson Foundation for out-of-county diabetic patients.
- GPOC was not awarded \$5,000 grant from Excellus for chronic care management of diabetic patients. This is a highly competitive grant.
- GPOC has applied for \$25K grant from FY23 Charles Schumer Congressionally Directed Spending Request also for chronic disease care targeting the Hispanic/Latino members of our surrounding area. We have been informed that our request will be included in the Directed Spending Request to Congress.
- United Way Grant is due in May and GPOC is requesting \$40K. In 2021 we received \$30K. In March,

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Linda Weaver and I presented to the Livingston County Board of Supervisors regarding the impact GPOC has on Livingston County and its residents. We have not yet heard about our allocation.

Pharmacy Update – Members of the POC staff have been working diligently to find ways to cut costs of prescription medications for our patients. When paying at pharmacies, staff have requested GoodRX or inhouse discounts. Kirsten Galliford, D. Pharm, continues to meet with patients to enroll them in Patient Assistance Programs offered by pharmaceutical companies. Medication samples from the pharmaceutical companies have been more difficult to obtain.

As always, I am eternally grateful for all our volunteers who faithfully serve.

Respectfully Submitted,
Donna Flaherty, PA-C
Executive Director

Joining AmazonSmile - Helps GPOC – Costs You Nothing

Do you shop on Amazon? Do you want to help make a difference while shopping in the Amazon app, at no extra cost to you?

Simply follow the instructions below to select “Geneseo Parish Outreach Center, Inc.” as your charity and activate AmazonSmile in the app. They’ll donate a portion of your eligible mobile app purchases to us.

How it works:

1. Open the Amazon app on your phone
2. Select the main menu (=) & tap on “AmazonSmile” within Programs & Features
3. Select “Geneseo Parish Outreach Center, Inc” as your charity
4. Follow the on-screen instructions to activate AmazonSmile in the mobile app

Don't have the Amazon App but shop on Amazon? No problem simply type in smile.amazon.com, sign in with your Amazon.com credentials and choose “Geneseo Parish Outreach Center, Inc” as your charity. Just remember whenever you shop to go to smile.amazon.com.

By joining AmazonSmile, Amazon will donate 0.5% off eligible purchase to the Geneseo Parish Outreach Center at no additional cost to you.

Outreach Center Sports New Sign



Thanks to the creativity and efforts of an aspiring Girl Scout Gold Award applicant, the Geneseo Parish Outreach Center has a new image on its sign.

Emily Lamb, a Geneseo Central rising junior, credits her desire to work in the medical field and admiration for the mission of GPOC with her design. The heart and the hands represent the extent of the health care outreach and the compassionate support for the families served, while the green reflects the positive actions taken by those who work diligently to help the Center's clients.

Emily has been a Scout since kindergarten, having earned her Bronze and Silver awards and continues to work toward the Gold, which is similar to the Eagle Scout for boys. She is, also, working on a pamphlet for GPOC. At GCS she is active in Do Gooders and the National Honor Society and participates in these sports: soccer, basketball and track.

The daughter of Craig and Janet Lamb, Emily has extended her active lifestyle and positive attitude into the wider community.

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GPOC Clinic Schedule

Tuesday mornings

9:00 am to noon

Thursday mornings

9:00 am to noon ~ once a month

Thursday evenings

5:00 pm to 7:00 pm ~ once a month

Friday morning

9:00 am to noon ~ once a month

Office Hours

Monday through Thursday

9:00 am to noon

Staff is there to schedule medical appointments and serve patients who need help with medication costs or dental and other specialty care referrals.

Call for an appointment

(585) 243 - 3120

Sandy Wilcox – Volunteer,
Board Member and Financial Secretary



This quarter’s featured GPOC volunteer is Sandy Wilcox. Sandy is Financial Secretary for the GPOC and a Board member. Sandy notes that she was Recruited to volunteer at the GPOC by her former neighbor and fellow octogenarian, Diana Harke! Sandy and her husband Bob have been residents of Geneseo for 45 years and both are active in the community and their church. Prior to her retirement 11 years ago, Sandy taught English in the Geneseo Central School District. Sandy and Bob are members of St. Michael’s Episcopal Church, where she has been a Vestry member several times and served as St. Michael’s Treasurer for eight years. She and Bob have two adult married children, one of whom lives in Tokyo with their two grandchildren. In retirement, Sandy enjoys having time for her volunteer work, reading, crossword puzzles, Sudoku, and spending quality time with friends. At the GPOC Sandy helps with the quarterly newsletter and other publicity. As financial secretary, she maintains records of donations and generates thank you letters. “The Geneseo Parish Outreach Center is an extraordinary volunteer project, and I am honored to play a small part in this amazing service.” The GPOC is fortunate to have Sandy as a team volunteer and Board member. Her talents and dedication are sincerely appreciated.



**WE NEED SOME
GOOD VOLUNTEERS!**



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Donate to The Geneseo Parish Outreach Center


The Parish Outreach Center is a 501(c)(3). It is dependent upon the support of the community that surrounds us. Our mission is accomplished through the generous donations of time, money and equipment from our supporters.

Donations, fundraisers, in-kind donations and foundation supporters are welcome.

You may participate in several ways:

- ... donate "in honor of" or "in memory of" a loved one.
- ... remember GPOC in your will or bequest.
- ... consider matching gifts from employers.

To learn how you or your organization can help us to help others, please call us. 585-243-3120

- **All donations are tax deductible**
- **United Way donations can be made to number 2471** 
- We use **PAYPAL** to provide a secure transaction. Go to www.gpocenter.org and use the **PAYPAL Donate Button**.

GPOC earns an NAFC 2022 Gold Rating



The National Association of Free & Charitable Clinics (NAFC) Quality Standards Program. We earned this rating by attesting that we have certain policies and procedures in place to provide quality care for our patients.

Adopt-a-Shelf/Assist with Medication

As more individuals are temporarily unable to work, their ability to obtain food, personal hygiene items, and medications becomes more difficult.

Our pantry is well stocked, but we do not get a price break on items such as toilet paper, shampoo, and laundry soap. If you or an organization that you are a member of would like to adopt one of these items and keep the shelf for that item stocked, it would be most helpful. Just let us know which item you are adopting and we will let you know when it is running low.

Another opportunity for serving is to assist our clients with prescription expenses. In March alone we experienced a 500% increase in prescription-assisted expenses.

Listed below are the costs of four of the many drugs our clients need.

- **Lantus**, a long-acting insulin commonly used to treat diabetes: 1 box of 5 pens is \$340. There are 308 units per pen, so depending on the dose the patient requires. A patient may be using 30 units per day on the low side to 100 units per day on the high side.
- **Trulicity**, a newer non-insulin drug for diabetes which is injected weekly: Trulicity 1 box is \$771.
- **Symbicort**, combination inhaler for asthma or COPD, taken 2 puffs twice a day: 1 inhaler is \$263 for the generic.
- **Spiriva**, an inhaled drug for asthma or COPD, taken 2 puffs daily: Spiriva Respimat is \$150 for 1 inhaler.

Medication costs vs living expenses: *If clients need to choose which bills to pay, they may stop taking their medication to save money. This decision could worsen their condition and could increase the likelihood of more emergency room visits and hospital stays*

If you or your organization can support shelf items and/ or medications, please respond to the GPOC ASAP with your wishes.

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Happenings at the Food Pantry.

Special thanks to volunteers Linda Meyers, Marilyn Russell, Jim Swanger and Jerry Weaver who work faithfully in the Pantry as often as they can.

I wrote a solicitation letter to Barilla in Avon and we received five cases of spaghetti along with six cases of sauce. A big thank you to the staff at Barilla who helped me comply with the company's needs for appropriate paperwork. I will do this again in December.

A call came in from CVS offering to donate personal protective equipment. The next thing I knew my husband Dave and I loaded up a cargo van and my car with PPE for GPOC. We received masks, gloves and examination gowns. After filling our shelves, we sent the rest to an organization that is helping the people of Ukraine.

Jerry and I have been working on a grant from Catholic Charities and on FEMA monies for our Food Pantry. We truly need this as the grant monies from Foodlink are less than what we have received in the past. We are asking for \$5,000.00 to help our Pantry needs for clients.

A great wedding anniversary challenge was given to the G.U.M.C. of donating jars of peanut butter in July. The challenge was 60 jars of peanut butter for 60 years of marriage. As of 7/22/22 we have been given 82 jars.

Also, I am working on getting products from Kraft in Avon. We need to meet their requirements for this donation and then I plan to stock the Pantry with mac-n-cheese, pasta and/or the lunch-ables.

We are juggling monies and donations to the best of our abilities in order to meet our clients' needs for food. We need funds or donations for gas cards as well..

Here are our reported numbers for the Pantry Jan. to June 2022:

241 persons over 60 yrs.

100 children

366 adults

269 families

Last year's total of grocery bags was 1,096

Hope this helps you to keep in touch with our busy Pantry.

Thank you

Pam Klingman



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Geneseo Parish Health Ministry

With Geneseo United Methodist Church

150-Family Yard Sale

Annual Health & Wellness Fair **Saturday August 27th, 2022**

9:00 am to 12 noon

Located at the Geneseo United Methodist Church

Route 63 at Court Street in Geneseo

FREE Services Provided:

Blood Pressure Checks

Body Fat Analysis (BMI)

Podiatry, Hearing, and Vision Evaluations

Information on local Health Services

Geneseo Parish Outreach Center
Call (585) 243-3120 for more information